



RULES

- 25-minute halves, 5-minute halftime.
- Regulation sized ball & goal.
- 2 fields, 45' x 75'.
- Games begin at 8:30 PM sharp on Mondays.
- Free substitutions, but all substitutions must be made at mid-field.
- There will be NO slide tackling allowed. The only instance where a field player can go to ground is to keep a ball in play with no opponent around. Keepers are an exception and can go to ground at any time WITHIN their area.
- Balls passing the endline off the defending team will result in corner-kicks.
- Balls passing the endline off the attacking team will result in the keeper playing the ball in from his hands.
- There will be no offsides.
- All players are required to wear the numbered jerseys they received. Players who forget to bring their jersey to a match will be allowed to play 1 match without it if they have another matching color, numbered jersey.

ROSTERS

- 14-player maximum.
- 9-player minimum.
- Goalies can be under 35 years old - but may only play in goal.
- Players must be 35 before the 1st match-day (with the exception of goalkeepers).
- 6 field players, 1 goalkeeper on the field at any time.
- Players must be added or dropped from rosters by midnight on Friday before the game.

FORFEITS

- Players who play that are not on the roster.
- Players who play without an OASA Player Card or receipt of purchase.
- Fights/arguments that break out will force the referee to make a decision whether to continue the game, or not. One or both teams may be forfeited depending on the referee's decision, and all incidents will be reviewed by our staff.